

IMPORTANT INFORMATION (Continued)

Family Discount: A \$25 discount applies to families with 3 or more children registered concurrently during a session.

Cancellation: The G.F.S.C. reserves the right to change or cancel any program for which there is insufficient paid registration.

Withdrawals: Withdrawal requests (unless for medical reasons) must be made 1 week prior to the start of the first skating lesson. A full refund will be given less a \$10 administrative fee. The Skate Canada fee will not be refunded. The request must be made in writing to the Board of Directors.

Refunds: Refunds will only be offered for cancellation of a registration within the first 2 lessons of a skating session. The request must be made in writing to the Board of Directors prior to the 3rd lesson. The Skate Canada fee will not be refunded. No refund will be given for missed skating sessions or for those sessions canceled due to test nights, inclement weather or building maintenance problems.

Orientation: Information sessions will be provided for the parents of KidSkaters and CanSkaters during the second week of the session. Notices will be posted at the arena.

Non-Skating days: Saturday, Nov. 21st, Saturday, Nov. 28th, the Holiday Break from Dec. 20th, 2009 through to Jan. 4th, and Saturday, Jan. 9th

NSF Cheques: NSF cheques will be charged an administrative fee of \$30. Skaters cannot skate until all outstanding fees are paid in full by cash or certified cheque.

Program Change: A \$10 administrative fee will be charged for any program change received once an application has been processed. Program Change Requests recommended by a Coach are exempt from this fee.

PLEASE VISIT OUR WEBSITE (www.guelphskating.ca) FOR COMPLETE INFORMATION ON G.F.S.C. PROGRAMS, REGISTRATION AND MEMBER HANDBOOK.

Guelph Figure Skating Club



FALL / WINTER SEASON 2009-2010

Fall Session:

Sept. 8th, 2009 – Oct. 17th, 2009

Winter Session:

Oct. 20th, 2009 – March 13th, 2010

KidSkate, CanSkate, Canpower and Adult Programs

Guelph Figure Skating Club
P.O. Box 774

Guelph, ON N1H 6L8
Phone: 519- 763-8500

Email: guelphfigureskating@bellnet.ca
www.guelphskating.ca

Arena: Exhibition Arena at Exhibition and Division Streets

Sanctioned to conduct Skate Canada Tests



Fall/Winter 2009 - 2010 PROGRAM INFORMATION

KIDSKATE PROGRAM

Program Requirement: CSA approved hockey helmets are mandatory.

This 30 minute group program is an introduction to skating for 2 ½ - 4 year olds. Our Professional Coaches and their Program Assistants provide entertaining and fun lessons as they build the child's confidence and on-ice skating skills.

TUESDAY: 5:00 - 5:30 PM

SATURDAY: 9:30 - 10:00 AM

SATURDAY: 11:00 - 11:30 AM

Fall:

Winter:

1 day package \$88

1 day package \$245

2 day package \$115

2 day package \$330

CANSKATE PROGRAM

Program Requirement: CSA approved hockey helmets are mandatory for all beginners.

This 50 minute learn-to-skate group program is designed for children 4 and older. The basics of forward & backward skating, stopping, turning, spinning and jumping are taught. Skaters are grouped by ability and age and are evaluated regularly and progress through the 6 stages at their own pace. Successful completion at each stage results in a badge. Report cards are provided at the completion of the session.

TUESDAY: 5:30-6:20 PM

SATURDAY: 10:00-10:50 AM

THURSDAY: 6:15 – 7:05 PM

SATURDAY: 11:00-11:50 AM

Fall:

Winter:

1 day package \$110

1 day package \$310

2 day package \$140

2 day package \$410

CANPOWER SKATE PROGRAM

Program Requirement: Hockey and Ringette skaters in this program must wear full, CSA approved hockey equipment (including neck guards).

This 50 minute program is designed for skaters aged 6 – 12 who already have basic forward and backward skating skills and have the ability to stop on command without use of the boards. This program stresses balance, power, agility, speed and endurance skills, all of which are necessary for hockey and ringette. Strong skating skills and physical conditioning are provided through participation in this program. Assessments will be completed and provided.

Saturday: 7:00 AM – 7:50 AM Fall: \$110 Winter \$275

Note:

- **Fast Track Programs** are now on our Accelerated Programs Registration Form and Brochure.

ADULT PROGRAM

Program Requirement: CSA approved hockey helmets are mandatory for all beginners.

This popular group program is designed for adults of all ages wishing to learn to skate or upgrade their skills. Skaters will be given instruction and individual feedback. Private lessons may be taught on these sessions by a professional coach of your choice (fees extra). Please contact the club for a list of our professional coaches.

TUESDAY: 8:00 - 8:50 PM

Fall: \$110

Winter 1 (Oct.20th/09 – Dec. 15th/09) \$140

Winter 2 (Jan. 5th/10 – Mar. 9th/10) \$140

IMPORTANT INFORMATION

G.F.S.C. Professional Coaches: Coaches with our Club are selected based on their qualifications and the needs of our membership. All of our coaches have a minimum Level 1 certification from Skate Canada. In order to be a coach in good standing with Skate Canada all coaches are required to hold a current First Aid Certificate.

Use of Helmets: It is mandatory for all participants enrolled in our KIDSKATE and beginners in our CANSKATE programs to wear a CSA approved hockey helmet. The use of a bicycle helmet or any other type of helmet in any G.F.S.C. program is strictly prohibited.

Registration: Registrations will be processed on a first come, first served basis. Registration forms will be emailed to current members and can also be found on the Club's website and printed off to fill out. Completed registration forms together with a cheque may be mailed, or dropped off at our office or drop box upstairs at Exhibition arena. No faxed registrations or registrations without payment will be accepted. In-person registration will take place at Exhibition Arena on the following days:

- Tuesday, August 18th: 5:00 p.m. to 7:00 p.m.
- Wednesday, August 19th: 5:00 p.m. to 7:00 p.m.
- Thursday, August 20th: 5:00 p.m. to 7:00 p.m.

Cheques are payable to: Guelph Figure Skating Club (G.F.S.C.). No skater will be allowed on the ice or participate in tests until a registration form has been processed and paid.