

2010 – 2011 Registration PROGRAM INFORMATION

Junior Fast Track Program

Program Requirement: Skaters MUST have Group Program Coordinator or Technical Director's approval. This 2 day/week program is designed for CanSkaters who have been identified by the coaching staff to accelerate beyond the CanSkate program. A weekly off-ice fitness class is part of this program.

TUESDAY: 5:30-6:20 PM AND SATURDAY: 8:00 - 8:50 AM

OR

SATURDAY: 10:00-10:50 AM AND TUESDAY 6:30-7:20 PM

Registration fee (2 day): • Fall \$178.50 • Winter \$512.00

Intermediate Fast Track Program

Program Requirement: Skaters MUST have Group Program Coordinator or Technical Director's approval. This 2 day/week program is designed for the graduated Fast Track Skaters who have been identified by the coaching staff to accelerate into the Intermediate program. Private lessons are encouraged at this stage.

TUESDAY: 6:30 - 7:50 PM AND SATURDAY: 8:00 – 9:20 AM

Registration fee (2 day): • Fall \$218.50 • Winter: \$563.50

COMPETITIVE Development PROGRAM

Program Requirement: Skaters MUST have Technical Director's approval. These 2 day/week and 3 day/week programs are designed for the advanced Fast Track or StarSkate "A" skaters who have been identified by the coaching staff to accelerate into a more competitive program. The Wednesday Competitive Development component is mandatory.

COMPETITIVE DEVELOPEMENT

STARSKATE "A"

WEDNESDAY: 4:30 – 5:20 PM (Fall)

MONDAY: 5:30 – 7:05 PM

WEDNESDAY: 4:30 – 5:20 PM (Winter)

THURSDAY: 4:30 – 6:05 PM

Registration fee - Full Season Fall & Winter:

- 2 Day: 1 StarSkate "A". & Competitive Development \$708.00
(please check StarSkate "A" choice for the 2 day program)
- 3 Day: 2 StarSkate "A". & Competitive Development \$1,032.50