



WINTER SEASON 2021-2022

CanPower Programs

Winter 2021: October 20 – December 15

Winter 2022: Jan. 12 – Mar. 9 (CanPower 1 and 2)

Guelph Skating Club
P.O. Box 774
Guelph, ON N1H 6L8
Phone: 519-763-8500
Email: gfsc.membership@gmail.com
www.guelphskating.ca

Locations:
Exhibition Arena
Sleeman Centre *

Sanctioned to conduct Skate Canada Tests



CanPower Program Overview

Program Requirement: Mandatory - Full hockey gear, hockey sticks and CSA certified hockey helmets are required.

This action-packed, high energy instructional power skating program is geared to hockey and ringette players who are 5-9 years of age. The focus is on balance, power, agility, speed and endurance. Skills, techniques, and conditioning drills are taught in a progressive format that emphasizes how the skills apply to game situations.

CanPower Level 1

Must have passed Stage 3 CanSkate or be assessed by the Program Director to meet the program standards. **Skate at Exhibition Arena.**

Winter 2021 Session 5:30 - 6:20pm \$315
Wed: Oct. 20 – Dec. 15

Winter 2022 Session 5:30 - 6:20pm \$315
Wed. Jan. 12 – Mar. 9

Note: Skate Canada fee (\$44) and ON Promotional Booklet fee (\$40) are additional.

CanPower Level 2

Must have passed Stage 5 CanSkate or be assessed by the Program Director to meet the program standards. **Skate at Exhibition Arena.**

Winter 2021 Session 6:30 - 7:20pm \$315
Wed: Oct. 20 – Dec. 15

Winter 2022 Session 6:30 - 7:20pm \$315
Wed. Jan. 12 – Mar. 9

Note: Skate Canada fee (\$44) and ON Promotional Booklet fee (\$40) are additional.

IMPORTANT INFORMATION

Cheques are payable to: Guelph Skating Club (G.S.C.). No skater will be allowed on the ice or participate in tests until a registration form has been processed and payment received.

Family Discount: A \$35 discount applies to families with 3 or more children registered on **one invoice** during the Sept. 2021 – April 2022 seasons. The \$35 will automatically be deducted from the invoice.

Cancellation: The G.S.C. reserves the right to change or cancel any program for which there is insufficient paid registration. In the event of any program change or cancellation the registrants will be offered a full or pro-rated refund, as appropriate.

Withdrawals: Unless for medical reasons (Doctor's Note required), withdrawal requests must be made in writing to the Club email address (gfsc.membership@gmail.com) at

least 1 week prior to the start of the first skating lesson. The Skate Canada fee and the Ontario Promotional Ticket Booklet fee will not be refunded.

Refunds: Pro-rated refunds will only be offered for cancellation of a registration within the first 2 lessons of a skating session. The request must be made in writing to the Club email address (gpsc.membership@gmail.com) prior to the 3rd lesson. The Skate Canada fee and the Ontario Promotional Ticket Booklet fee will not be refunded.

No refund will be given for missed skating sessions or for those sessions cancelled due to test nights, inclement weather or building maintenance problems or for any of the listed non-skate dates below.

Missed Sessions: No substitutions or make-ups are permitted for missed sessions.

NSF Cheques: NSF cheques will be charged an administrative fee of \$45. Skaters cannot skate until all outstanding fees are paid in full.

G.S.C. Professional Coaches: Coaches with our Club are selected based on their qualifications and the needs of our membership. To teach Skate Canada programs, coaches must be National Coaching Certification Program (NCCP) trained and/or certified and a current registered professional coaching member of Skate Canada. They must have a Skate Canada approved clearance check and positions of trust check and have a valid First Aid Certificate. A list of our Coaches can be found on our website.

Use of Helmets: It is mandatory for all participants enrolled in our PreCanSkate, CanSkate, CanPower, Fast Track and Teen Adult/Adult programs to wear a CSA approved hockey helmet unless they have successfully completed CanSkate Stage 5.

Volunteers: As a non-profit organization, we rely on volunteers to support the Club. Throughout the year, the Club will be contacting members requesting volunteers for specific events. Please consider volunteering when you receive these requests.

Skate Canada Registration Fee: This is a mandatory fee for all of our skaters. The yearly membership runs from September 1 through to August 31 of the following year. Being a Skate Canada sanctioned club, we are required to register every skater.

Ontario Promotional Ticket Booklet: Ontario Promotional Ticket Booklets are \$40.00. This is a mandatory fee, one per family, and is our major fundraiser for the year. The tickets are for a draw to be held on June 11, 2022. The ticket booklet contains 20 \$2.00 tickets that you can sell to family and friends if you wish to recover your cost. Otherwise, just fill in your name on the ticket stubs and return to our office for 20 chances at winning a prize. **Deadline to submit completed tickets stubs is February 26, 2022**

G.S.C. Liability: Members, parents or legal guardians of skater agree to indemnify and hold harmless the G.S.C., its Directors, Officers and their Heirs, Professional Coaches, Instructors and Members from any and all claims for damages, injuries, costs, actions, suits or proceedings, loss of property or otherwise while taking part in any program or event sanctioned or provided by the G.S.C. All members, parents or legal guardians agree to abide by the rules and regulations and bylaws of the G.S.C. as well as Skate Canada's Parent Code of Conduct.